CHAMPION | HEREN



MEN'S SIZE GUIDE

Please note that our sizing is based on European sizes and when you're checking out the measurements, they're based on body measurements, not the garment.

This lets us get your most accurate numbers. We've got your back.

MEN'S CLOTHING

CM INCHES

SIZE	CHEST RANGE	WAIST RANGE	HIPS RANGE
XS	87 - 91	72 - 76	87 - 91
S	92 - 96	77 - 81	92 - 96
M	97 - 101	82 - 86	97 - 101
L	102 - 107	87	102 - 107
XL	108 - 113	92	108 - 113
XXL	114 - 119	93 - 98	114 - 119
3XL	120 - 125	99 - 104	120 - 125

HOW TO MEASURE

Follow our simple steps below and remember, keep that tape measure horizontal for the best results.

A. SHOULDERS

Stretch the tape from one shoulder's end to the other. Straight across.

B. CHEST

Loop the tape around the broadest part of your chest.

C. WAIST

Measure where you naturally bend side-to-side, usually the slimmest part.

D. HIPS

Circle the tape around the fullest part of your hips.